

Pakistan

The communities in Rahim Yar Khan and Bahawalpur districts, in Punjab province, are grappling with many challenges. The political, social and economic environment leaves many struggling to make ends meet.

On top of this, the region's heavy reliance on agriculture makes it particularly vulnerable to the impacts of climate change. Frequent floods and prolonged droughts are severely affecting crop yields, livestock, and overall agricultural productivity, leading to financial instability. As a result, too many families are getting stuck in a cycle of poverty.

This project is a fantastic opportunity to help farmers and communities become more resilient to climate shocks. Tearfund's local partner, REEDS, has already successfully implemented phases one and two of this project and has seen encouraging results. This third phase builds on these successes.



**Your prayerfully considered gift could help farmers make a living out of their hard work.
We are looking for £48,780 to run this project. Could you help?**

From despair to hope

Jogi Ram (pictured, right), like many, strives to provide for his family's daily needs. Unfortunately, he was struggling as a farmer. His land is at the end of an irrigation canal, resulting in an unreliable water supply. The high salinity of the groundwater also makes it unsuitable for effective farming. Jogi Ram recalls, 'I was uncertain about how to earn a living. With unpredictable water and poor soil conditions, traditional farming wasn't working.'

'I needed a new way to support my family.'
Jogi Ram

In 2023, Jogi Ram participated in the initial phase of this project. He was introduced to the concept of cultivating fruit and fodder tree nurseries, which require minimal water. He received essential nursery equipment, including polythene bags, soil, and irrigation tools, to



help establish the nursery in a water-scarce environment. Additionally, Jogi Ram received guidance about effective nursery management practices. He consistently earns between Rs. 12,000 and 15,000 per month from selling the nursery plants locally. His mindset has shifted from despair to hope. Jogi Ram affirms, 'I never thought I could make a living from something requiring so little water. Now, I feel empowered and hopeful for the future.'

This success means he can give his children a better life.

When success is contagious

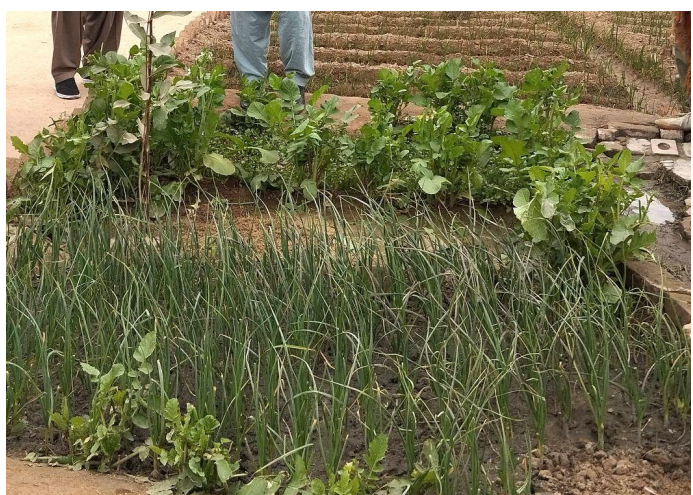
Iram (pictured, right) was also experiencing challenges. She had been growing cotton for several years but declining soil fertility and pest management was increasingly an issue. She took part in training and learnt about the concept of intercropping legume. Iram decided to intercrop soybeans in alternate rows to her cotton crop. Soybean naturally fixes atmospheric nitrogen which enriches the soil naturally and reduces the reliance on synthetic fertilisers. The dense growth of legume cover also suppresses weeds, minimising the need for herbicides. The legume finally disrupts the life cycles of cotton pests, leading to a decrease in the use of insecticides. After trying legume intercropping, Iram saw significant improvements in her farm's productivity



and profitability. Her earnings rose from Rs. 113,455 with sole cotton cultivation, to Rs. 134,565. Inspired by this success, Iram didn't keep all she'd discovered to herself. She actively shared what she learned with other farmers in the area, encouraging them to try intercropping. Her enthusiasm was contagious! Soon, more farmers were giving it a go, which led to improved economic stability for many.

A garden that feeds the family (and more)

Naseem, a mother of six, used to worry about feeding her family. 'We don't have enough vegetables in the house,' she would often complain to her husband. 'Will the children eat just bread?' Then, Naseem attended some training sessions with Tearfund's partner. She learned how to grow vegetables at home using simple, low-cost methods, even in small spaces. The trainers showed the women how to prepare the soil, plant seeds, and water their gardens. With this new knowledge, Naseem transformed her home, creating a thriving kitchen garden. 'I used to worry about how I would feed my children when we didn't have vegetables,' she



says. 'Now, not only do we have enough, but I also share the surplus with relatives.'

This newfound confidence has given Naseem hope. She sees her kitchen garden as a way to provide for her family and even considers expanding her efforts to support her community. The financial burden of buying vegetables has eased, allowing her family to focus on other important things like education and healthcare.

Naseem is excited about the future. She plans to grow more varieties of vegetables and maybe even start selling some at the local market, bringing in extra income for her family.

Training that grows new hope

When farmers learn about new climate-smart agriculture practices, they see their crop yield improve. New livelihood initiatives provide additional income sources and improve food security. Farmers are soon able to feed their families.

With your help, farmers and communities, who have felt hopeless, could start to see that change is possible. This project will also inspire the Christian minority community to become agents of change and help those around them be better prepared for disasters. **We need to raise £48,780. Can you help?**

	Activity or item	Cost (£) ¹
	This project will help farmers working together and become more resilient to climate change, by: - Boosting 40 existing farmer cooperatives and creating 40 new ones. This should give farmers more power. It will put them in a better position to bargain collectively and get better prices for their crops, or access quality resources like seeds and fertilisers. - Improving access to finance. Farmer cooperatives will help farmers get loans and other financial support. This will allow them to expand their production and become more financially stable. - Teaching farmers climate-smart techniques. This includes things like using natural pest control and ways of watering crops more efficiently. This could increase their yields, improve soil health and protect the environment.	6,968
	New income-generating opportunities will help families improve their nutrition and earn extra income by: - Supporting smallholder farmers to create micro-greenhouse kitchen gardens and tree nurseries. They will receive toolkits, essential equipment, seeds, plants, and training to set up their own gardens or nurseries. - Training women on climate-smart gardening techniques and nutrition. - Planting 1,500 trees for food, firewood and fruit. These trees will be planted in homes and areas prone to disasters.	12,934

¹ Using an exchange rate of £1 to 355 PKR. Any Gift Aid received from your donation will go to Tearfund's general work to help where the need is greatest. In rare cases where it is not possible to implement the project as planned, the project is able to implement activities under budget, or receives too much money, we will seek to direct your funds toward another similar project, ideally in the same region. If we are unable to do this, we will move any surplus funds to where the need is greatest in accordance with our charitable purposes.

	- Establishing demonstration plots and high tunnels. These will showcase new farming methods and allow farmers to grow crops earlier in the season.	
	This project will inspire the Christian community to become agents of change and help their community be better prepared for disasters. Despite being a minority, their leadership skills and confidence will be improved by: - Training church leaders and young people in disaster preparedness. These training sessions will equip them with the knowledge and skills to lead their communities to become stronger and to withstand disasters. - Training leaders and young people on the role they can play in community development. This includes seminars on how they can use their faith to make a positive impact, as well as help leaders advocate for their community's needs. - Providing training on poverty alleviation and environmental stewardship to emphasise the importance of caring for both people and the planet.	1,660
	Staff and salary costs enable local experts to implement compassionate impactful, sustainable interventions. For instance, agricultural training builds lasting skills and resources so communities can overcome poverty, compared to temporary food aid.	11,948
	Partner in-country costs, cover the running of REEDS office, equipment, communication and audit costs. This also covers the transportation of staff to visit, monitor and support project sites, ensuring programmes run well.	6,490
	Tearfund operational costs take approximately 18 per cent of our budget. These sustain Tearfund's key global functions like financial management, human resources, IT, logistics, and regional personnel. This enables us to function responsibly and effectively.	8,780
Total		48,780

How can you stand with Jogi Ram, Iram and Naseem?

Now, when Jogi Ram, Iram and Naseem work hard, they are confident that they can make a living. They can offer more than bread to their children. They can even hope for education and better access to healthcare. And their communities are better equipped to withstand future disasters. This is so encouraging.

Your generous gift and prayers will help others, just like them, access training that grows new hope.



'Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.'

Galatians 6:9

Please Pray

Gracious God,

We give thanks for the dedication of Tearfund's local partner, REEDS, and Tearfund's team in Pakistan as they implement the third phase of this vital project. We pray for their safety, wisdom, and unwavering strength as they navigate the challenges ahead.

Bless farmers with good harvests and successful initiatives, enabling them to provide for their families.

Amidst the struggles and suffering we witness both near and far, help us not to become weary and discouraged. May we rest in You, trusting in Your love and sovereignty. Help us to stand with those in need. We pray for this project to be successful and to bring lasting impact to the lives of many.

In Jesus' name,

Amen

Thank you!



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